SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 18

LIVE 88·5 FM
KANYE FREE

Ottawa metro

WICKED AND WEIRD
BUCK 65 TELLS HIS STORY
metroBOOKS

Your essential daily news | THURSDAY, AUGUST 13, 2015

High 25°C/Low 18°C Sun and clouds

WHAT THE PMO KNEW

NIGEL WRIGHT TESTIFIES

THE SCANDAL

Suspended Senator Mike Duffy is facing 31 charges related to his Senate office, living and travel expenses.

THE CHIEF

Nigel Wright, the PM's former chief of staff, says he felt obligated to repay Duffy's $90,000 bill.

THE REACTION

New Democrats and Liberals using Duffy trial as political leverage.

MORE COVERAGE

- WHAT WE LEARNED: PG 4
- COURTROOM EVENTS: PG 12

Nigel Wright, former Chief of Staff to the PM, arrives at the courthouse in Ottawa on Wednesday. JUSTIN TANG/THE CANADIAN PRESS

Trouble for travellers at airport

TRANSPORTATION

Taxi drivers locked out of their jobs

Nicholas Kyonka
For Metro | Ottawa

Traffic around the Ottawa airport was slow and some travellers were forced to find alternative ways home as locked-out Airport Taxi drivers carried protests into a second day Wednesday.

Airport Taxi drivers were locked out of the job Tuesday after they opposed a deal that parent company Coventry Connections struck with airport authorities requiring drivers to apply a $5 pickup fee to each fare they pick up at the airport.

About 150 of those drivers protested outside the airport's arrivals entrance for the second day in a row, jeering members of other taxi services who attempted to pick up fares and driving continuous loops around the terminal in an effort to slow traffic.

By the afternoon, the locked-out drivers were offering free fares to would-be passengers who attempted to catch a ride with one of the competing companies.

"It's crazy," said Eddie Grey, who attempted to hail a taxi when he arrived at the airport around noon with his wife and three children. Grey was one of the first passengers to take up the protesters' offer of a free ride.

"I'm happy to get a free ride and support what they're doing," he added. Not all would-be passengers were so lucky.

Bibiane Fortin and her husband arrived at the airport from Moscow around noon to discover that they couldn't take a taxi home. More than two hours later, she was still waiting for her husband to return with their car after he bussed home to pick it up.

"The plan was to take a taxi. Now I'm waiting for him to come pick me up," she said. "I'm not mad. I'm just tired."

The locked-out drivers warned that travellers should expect the protests to continue until Coventry sits down with union officials to renegotiate the new service charge.

Cabbies' action continued. NICHOLAS KYONKA/FOR METRO

SPECIAL BACK TO SCHOOL OFFER!

UNLIMITED
TALK + TEXT + DATA

$40/MO

was $45

INCLUDES UNLIMITED:
Canada/US Long Distance, Global Text, Data, Call Waiting & Forwarding, Caller ID, 3-Way Calling, Voicemail + MORE!

mobilicity.ca

Taxes are extra. Limited time offer. Offer valid only while customer is on automatic monthly payments (preauthorized credit/ debit payment). All unlimited features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobilicity Unlimited Zones and are subject to Mobilicity's fair use policies. Premium and special numbers are excluded. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. Additional terms and conditions may apply. Subject to change without notice. © 2015 Mobilicity. 'Mobilicity', 'Now that's smart', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

mobilicity™
Now that's **smart.**

Mobilicity Stores

Nepean
Lincoln Fields Mall

Ottawa
168 Rideau St.
173 Montreal Rd.
246 Bank St.

Authorized Dealers

Cellular X Zone:
Billings Bridge Shopping Centre

Bullo Wireless:
1414 Walkley Road

IGO Cyber House Inc:
223 Bank St.

CellTell:
1724 Bank St.

Impression Plus:
Bayshore Shopping Centre

metro NEWS

Your essential daily news

This octopus is just like us. **World**

An audience member takes part in a discussion following last year's Why I Left Ottawa talk at Arboretum. A topic this year will be the unceded lands of the Algonquin people. CONTRIBUTED

Mixing music with deep talks

BACKSTAGE PASS

Arboretum Festival to put focus on native land issues

Trevor Greenway
Metro | Ottawa

Rolf Klausener is first to admit that he knew very little about the history of Algonquins and other First Nations in the Outaouais until about three months ago.

The artistic director of Ottawa's Arboretum Festival, along with his co-director Stéfanie Power, took on months of due diligence — which included meeting with elders, community leaders and First Nations activists — as they schooled themselves on the historic complexities, the controversies and the conflicts surrounding the unceded land that the nation's capital is built upon. All this was sparked by the festival's move to Albert Island.

Slated for remediation and development by Ottawa's Windmill Developments, Albert Island, along with the surrounding islands and falls, has cultural significance for Algonquins and many other First Nations in the region. The busy bees at Arboretum have assembled an impressive team of experts, community leaders and activists to discuss and explore these and many other issues at this year's festival.

"Being on this island, which has significance to the Algonquin people and to many other First Nations, we have a responsibility. If we are going to be here, we want to acknowledge and honour that, share what we've learned, and communicate the significance of the area," says Klausener.

It doesn't take a genius to figure out that the festival's musical lineup is impressive, with names like Austra, Braids and Hayden filling out the bill for the Albert Island Bash.

But beyond the hubbub of headliners, the thumping music and the afterparties lies a handful of compelling live discussions that promise to provoke discourse on the many social issues plaguing our many worlds: digital music streaming, urban development and the relationship between the Algonquin people and the Outaouais region. The list of speakers is as notable as the festival lineup.

Four different Algonquin voices, including leader of the Pikwàkanagàn First Nation Chief Kirby Whiteduck and Kitigan Zibi Anishinabeg spiritual advisor Albert Dumont, take part in "Unceded Ottawa," which leads the Saturday afternoon panel discussions.

The talks add another dimension to an already dynamic and immersive festival — one that seems to attract a more conscious and curious audience. There always seems to be a cosmopolitan openness at Arboretum that allows time and space for such discourse.

Where else can you watch a party punk band play and then sit down and discuss the responsibilities of a modern developer? Or dance to an indie electro four piece and then debate the impacts of using social media as a tool for social change, or examine how the digital music file has changed the way we all listen to music before breaking out into a sweaty dance party?

It's this type of thoughtful programming that sets Arboretum apart from most festivals and it's no accident.

"Arts and culture inherently reflect society and vice versa," says Klausener.

"You can't have politics and history and architecture without arts and culture; you can't have arts and culture without politics and people and society and they all reflect each other. Having these discussions enriches the music, it enriches the artistic experience."

Arboretum launches next Wednesday, Aug. 19 with concerts at St. Alban's Church, while the festivities at Albert Island run Friday and Saturday.

TALKS ON OFFER

I'm What Now? Communicating in Times of Social Change
Aug. 19, 6:45 p.m.
Ottawa Art Gallery
Panelists: Jason St. Laurent, Dale Stevenson and more TBD

Unceded Ottawa
Aug. 22, noon
Albert Island
Panelists: Kirby Whiteduck, Verna McGregor, Albert Dumont and Josee Bourgeois

If You Build It
Aug. 22, 1:30 p.m.
Albert Island
Panelists: Greg Searle, Rodney Wilts, Thusky

Islands in the Stream
Aug. 22, 3 p.m.
Albert Island
Panelists: Laurie Brown, Marie-Claire LeBlanc

Exclusively ours

ESTÉE LAUDER
Beauty Kit

FREE: Receive a custom 7-piece Beauty Kit, featuring our exclusive OPENING CEREMONY cosmetics bag, with any ESTÉE LAUDER purchase of $36.50 or more.

A value of up to $100.*

Ends August 30, 2015.

KIT INCLUDES:

- The #1 repair serum in Canada‡ Advanced Night Repair Synchronized Recovery Complex II, 7 mL
- Advanced Night Repair Eye Synchronized Complex II, 5 mL
- Gentle Eye Makeup Remover, 50 mL
- Sumptuous Bold Volume Lifting Mascara in black
- Exclusive, limited-edition OPENING CEREMONY bag

Plus, receive a full-size Pure Color Long Lasting Lipstick and Eyeshadow Compact in your colour choice of Subtle or Bold

HUDSON'S BAY SAVE $20

HUDSON'S BAY CREDIT BONUS

Wednesday, August 12 to Sunday, August 16

Receive a $20 Savings Card with any ESTÉE LAUDER purchase of $75 or more when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card.** *Exclusively ours*

HUDSON'S BAY

SHOP THEBAY.COM

Savings for all offers are off our regular prices, unless otherwise specified. ***Before taxes.** One gift per customer. While quantities last. Values are based on our per mL and/or g price for regular-sized products. ‡Based on NPD Group Inc. unit sales for Canadian department stores for 12 months ending May 2015. ****Before taxes.** While quantities last. Redeemable on your next purchase of $100 or more before taxes when you use your Hudson's Bay MasterCard or Hudson's Bay Credit Card between August 12 and August 31, 2015. Not redeemable on cosmetics or fragrance purchases. One card per transaction. Not to be combined with any other offer. Other exclusions apply. See store for details. Hudson's Bay, Hudson's Bay Credit, hbc.com and their associated designs are trademarks of Hudson's Bay Company. **Credit is extended by Capital One Bank (Canada Branch).** Capital One® is a registered trademark of Capital One Financial Corporation. MasterCard and the MasterCard brand mark are registered trademarks of MasterCard International Incorporated. All marks used under licence. All rights reserved.

5 THINGS TO KNOW ABOUT NIGEL WRIGHT'S TESTIMONY AT THE MIKE DUFFY CRIMINAL TRIAL

Stephen Harper's former chief of staff began testifying at the trial of Senator Mike Duffy on Wednesday. Here are five highlights from his first day of testimony. THE CANADIAN PRESS

1. Wright says Stephen Harper was left in the dark as to how Duffy's expenses would be repaid: Wright told court he did not inform the prime minister of the original plan to have the Conservative party fund repay Senator Mike Duffy's questionable expense filings. Wright said he informed Harper that Duffy agreed to repay the funds, but did not disclose there was a plan afoot for the party to cover the cost of the repayment. That repayment was believed to be $32,000 at the time.

2. Wright explained what "good to go" meant: Wright was pressed for details about an email that suggested he had the green light from the prime minister. This email has been used against Harper in the Commons by opposition parties, who suggest it proves Harper was aware of the repayment details. Wright said "good to go" meant he had raised all the points he wanted to discuss with Harper on the repayment on Duffy's expenses, but he told court he did not tell the prime minister where the money was coming from.

3. Wright says Conservative Senator David Tkachuk pitched a plan to deal with Duffy's expense issue: Wright said Tkachuk called on Feb. 20, 2013 to outline a proposal that involved Duffy writing to the Senate steering committee, admitting to a mistake in claiming expenses and asking how much he should repay. Wright testified Tkachuk suggested the committee would then withdraw Duffy's position from an audit review conducted by the firm Deloitte.

4. Wright says he felt an obligation to pay the $90,000: Wright testified he believed Duffy owed $32,000, but was furious to learn it was actually $90,000. Wright told court he spoke with Conservative Senator Irving Gerstein, who controlled the Conservative fund. Gerstein told Wright the party would not cover Duffy's expenses, but Wright still felt he had an obligation to follow through on an arrangement he had made with Duffy on the repayment of the funds. This prompted Wright to foot the bill himself.

5. Wright never expected to be repaid by Duffy: Wright told court he never expected to be repaid by Duffy after he transferred $90,000 to the senator. Wright, a wealthy businessman and lawyer, said he thought he could personally cover this cost and it would not have an impact on his "net worth."

Demonstrators wearing cutout faces of Senator Mike Duffy and Prime Minister Stephen Harper stand outside the Ottawa court house Wednesday. FRED CHARTRAND/THE CANADIAN PRESS

Duffy arrives at court in Ottawa, Wednesday. He is facing 31 charges, including fraud, breach of trust and bribery.
JUSTIN TANG/THE CANADIAN PRESS

Ontario Court Justice Charles Vaillancourt arrives at the Ottawa court house to preside over the criminal trial.
FRED CHARTRAND/THE CANADIAN PRESS

Nigel Wright, former chief of staff to Harper, makes his way through a crush of media as he arrives to testify at the trial.
JUSTIN TANG/THE CANADIAN PRESS

RENOVATION RIDEAU CENTRE GETTING A MAKEOVER Construction workers toil away on the glossy-looking Rideau Centre on Wednesday afternoon. The mall is undergoing a $360-million renovation and expansion, which is due to open next August. LUCY SCHOLEY/METRO

First-responder unions clashing

SAFETY

Paramedics say firefighters not trained to treat patients

A recent proposal to allow Ontario firefighters to give patients medical treatment has the province's paramedics seeing red.

The Ontario Professional Fire Fighters Association is proposing a two-year pilot project in eight cities that would see firefighters get trained to administer five drugs to relieve symptoms like chest pain and shortness of breath.

The province's Liberal government says it is reviewing the proposal and is in the process of making a decision based on the best available evidence.

The paramedics' union says it will be targeting leaders of communities that would be subjects of the pilot project at the annual conference of the Association of Municipalities of Ontario in Niagara Falls next week.

The pilot project would involve firefighters, some of whom are already trained as paramedics, taking a 20-hour training course to give patients drugs before paramedics arrive on scene.

Chris Day, the vice-chairman of CUPE's ambulance committee, says paramedics have "grave concerns" about patient safety and firefighters' ability to diagnose patients and administer medication with such little training.

"You need to know a lot more about what's going on than just a gentleman or a lady saying to you, 'I have chest pain,'" he said.

He said the union feels it is an effort for firefighters to deal with decreasing call volumes and to keep their jobs.

The fire association's president Carmen Santoro said he's frustrated that no one seems to be accepting the proposal, and that a similar model has successfully been in place in the U.S. for more than three decades.

> **You need to know a lot more about what's going on.**
> Chris Day

He said it's not about taking over the paramedics, but that firefighters usually respond to emergency situations in the first crucial minutes that can mean life or death for patients.

Firefighters in Ontario can currently administer oxygen, take vital signs, and about 42 per cent can use EpiPens.

Santoro said that he believes that there is a lot of fear-mongering going on, which is something he has seen before.

"When we first had defibrillators, the talk was, we were going to kill people," he said.

"Well you know what? We didn't kill people; we saved a lot of lives." THE CANADIAN PRESS

THE FUN KEEPS GOING AT THE CASINO
CASINO LAC-LEAMY
From August 14 to August 29
FULL MOON PARTIES
SPECIAL EVENTS
DJ RED BULL THRE3STYLE
starting at 9 p.m.
August 14 - DJ Rayaz Sulaman
August 21 - DJ Magnificent
At the Bar 7.
50% OFF APPETIZERS, POUTINE AND BURGERS AT BANCO BISTRO
Friday and Saturday from 10:30 p.m. to 1 a.m.
Sunday to Thursday from 9:30 p.m. to 11 p.m.
TRADITIONAL BLACKJACK WITH MINIMUM LIMITS OF JUST $10
Sunday to Thursday, from 11 a.m. to 4 a.m. the next morning, and all day Friday and Saturday*
WE'RE ALL PLAY
CASINOLACLEAMY.CA
18+
*Times subject to change without notice.

Celebrating 42 Years of

ROOTS

42% off*

ALL SWEATS

TODAY ONLY

*SOME CONDITIONS MAY APPLY. NOT TO BE COMBINED WITH ANY OTHER OFFER. VALID AT ALL ROOTS STORES AND ROOTS.COM

Go to **roots.com** to see more from these great Canadian musicians.

Joel Melnichuk is bringing "a super unique idea" to Ottawa. CONTRIBUTED

Take a swing at axe throwing club

RECREATION

Organizer sees Ottawa as a target area

Throwing axes isn't just for lumberjacks any more.

Less than a year since Joel Melnichuk created Bad Axe Throwing in the GTA, he is bringing his axe-throwing business to Ottawa.

Last summer, Melnichuk heard about an axe-throwing craze that had taken hold in Europe and decided to try it out. He built a wooden target in his backyard with his brother-in-law and started launching axes.

"We just started chucking axes at it and thought, 'This is super cool,'" said the company CEO and self-described "Chief Axe Thrower."

Melnichuk bought an industrial space in Burlington, Ont., in October 2014 and has since seen his business take off at lightning speed, opening three more locations in the GTA by this May.

"It totally exploded," he said.

"We knew it was a super unique idea, but we didn't think it would explode this rapidly. We thought it would take a couple years to get established."

Bad Axe Throwing now has about 20 employees at five different sites. The newest location, at 1580 Liverpool Crt. — near the intersection of Innes Road and St. Laurent Boulevard — is set to open on Aug 22.

Groups of at least eight people can book the site for three-hour sessions to throw axes competitively at two wooden targets. Axe coaches give group tutorials on how to throw the axes safely before letting newbies loose to compete against each other.

Bad Axe Throwing Ottawa is open to hosting events such as birthdays and bachelor parties. Axe-hurlers are encouraged to bring their own food and drinks to the sessions.

Melnichuk is now looking to expand Bad Axe Throwing nationwide and has plans to open two locations in Western Canada this fall. The company also recently announced it is hoping to expand globally and open at least 10 more locations within the next year.

"It's definitely a unique activity," Melnichuk said. "People come and get to throw axes against their boss and it provides a different dynamic."

ALEX ROBINSON/METROLAND MEDIA

> **It beats bowling and minigolf.**
> Joel Melnichuk

CORRECTION

In an Aug. 12 story about city council being asked for an exemption that would allow stores in the Glebe to remain open on statutory holidays, Metro reported that the Bank Street BIA made the request. In fact, the request came from the Glebe BIA.

Also in the Aug. 12 edition, Metro mistakenly reported Hey Rosetta! and Yukon Blonde would perform on the NAC's Fourth Stage. In fact, they will be at the theatre's Southam Hall. Also, JP Hoe will play on Nov. 19 and not May 6.

BANKRUPTCY SALE

Wedding dresses at a major discount

Haley Ritchie
Metro | Ottawa

Those brave enough to face a bridal stampede could score a major deal Aug. 20 when McCaffrey Haute Couture — which declared bankruptcy last month — is selling off dresses at major discount.

Stock also includes prom dresses, shoes, sewing machines, jewelry and other accessories.

Wedding dresses will be sold at 1523 Laperriere Ave., while everything else will be sold at 915 Churchill Ave.

Prices will start at $100 and go to $600 for the wedding dresses, some valued at up to $8,000.

Potential buyers are also warned that there will be no change rooms and they should be prepared to try on dresses over their clothing.

Board to test teaching technology

EDUCATION

Tools allow for online posts, messaging and collaboration

Haley Ritchie
Metro | Ottawa

Starting in the fall, some teachers in the Ottawa-Carleton District School Board will stop telling students to put away their smartphones and laptops and start using them as learning tools.

In September, the district will try out new eLearning tools such as Google Classroom and Desire 2 Learn, which allow teachers to post assignments and to-do lists as well as instantly message students online.

Students can also submit assignments online and collaborate with classmates.

"We're looking at more tools and apps," said superintendent Stephen Sliwa. "It's part of blended learning, a blend of traditional and new ways of teaching. It's not one-size-fits-all."

The tools allow flexibility for students and encourage digital literacy, something that both teachers and students are learning together.

Sliwa said the schools are trying to operate on a BYOD or CYOD model, meaning "Bring Your Own Device" and "Choose Your Own Device," because students are more comfortable using their own technology.

He said that in most of the district's high schools, there are just as many devices connecting to Wi-Fi as there are students.

From virtual science experiments to student-made videos, Silwa said school boards across the province need to keep up with creative technology.

"The current and next generation of teaching staff are becoming more and more invested in using a wider array of tools than a blackboard and a piece of chalk, that's for sure," he said.

TRAINING

While optional training on the tools has been offered over the summer, Sliwa said the board is moving toward it becoming universal.

CRIME

Dad furious at theft of charity jerseys

Michael Woods
Metro | Ottawa

A Rexall drugstore manager is livid after a thief made off with two autographed hockey jerseys that were being auctioned off for charity.

The signed and custom-framed jerseys of two Stanley Cup-winning goalies — Corey Crawford of the Chicago Blackhawks and Martin Brodeur, formerly of the New Jersey Devils — were big-ticket items in a silent auction raising funds for the Rexall Foundation.

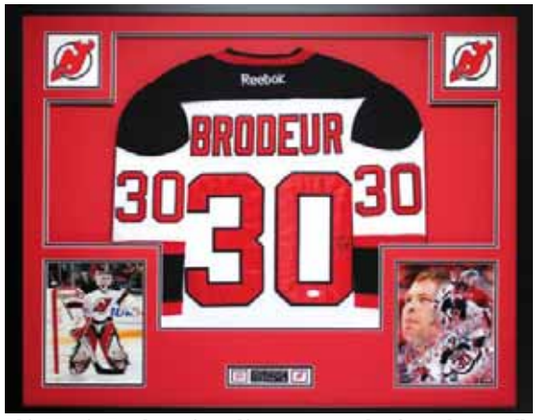
Greg Brown, manager of the store at Carlingwood Mall, said the jerseys were stolen from a secure area of the store on Monday evening.

"It's money stolen from kids who are medically fragile," he said. "It's heartless."

The Rexall Foundation supports many children's health charities, including Easter Seals, the Make-A-Wish Foundation and the Children's Hospital of Eastern Ontario.

The foundation has great personal significance for Brown. His six-year-old son Jack has a rare genetic disorder that causes deafness, blindness and deformities. Three months after Jack was born, Greg Brown was diagnosed with malignant melanoma.

He said the foundation was there for his family in their time of need, so he has worked hard to raise funds for them in the past few years.



This Martin Brodeur-signed jersey was stolen from the Rexall store in Carlingwood Mall on Monday, the store manager said. A Corey Crawford-signed jersey was also stolen. CONTRIBUTED

IN BRIEF

Watson to unveil garden initiative

Mayor Jim Watson will be at the McNabb Community Garden on Bronson Avenue on Thursday afternoon to announce what the city is calling a new and expanded community gardens program.

Watson will make the announcement at 1:45 p.m. alongside local volunteers.

Community gardens provide people with access to space and other resources for gardening.

METRO

Get a free $200 Cash Advance*.

For old friends and new friends.

Cash emergencies can happen. When they do, we can help you access much needed money with a Cash Advance. And now that you can apply in-store, online and on your mobile, we have you covered 24/7/365.

Promo Code: 2015
Apply in-store or at moneymart.ca

We can help. Money Mart®

*Free $200.00 advance offer valid for the customer's first payday advance or first advance after 12 months. Offer only applies to the loan fees on a $200.00 loan; if a loan exceeds $200.00, Money Mart's applicable fees for the portion of the loan in excess of $200.00 will apply. Offer available only at participating Money Mart locations and online for residents of Alberta, British Columbia, and Ontario. Offer is non-transferrable. Offer valid for a limited time only and may be discontinued by Money Mart at any time. Check with a CSR upon applying for your loan. Not valid with any other offers. Limit one offer/certificate per customer during the promotional period. No cash value. No substitutions. To receive this offer in store, customers must repay their advance in cash on or before their advance due date, otherwise interest will accrue from the date the loan was originated. To receive this offer online, enter the promo code provided. To qualify for a payday loan, minimum net pay requirements will apply and may vary by province. Other conditions may also apply. Ask a Money Mart Customer Service Representative for details. Online loans originated only to residents of Alberta, British Columbia, Nova Scotia, Ontario and Saskatchewan. [Alberta residents: The APR on a $300.00 loan for 14 days is 599.64% on a rate of $23.00 per $100.00 borrowed.] [British Columbia residents: The APR on a $300.00 loan originated at a Money Mart branch for 14 days in BC is 521.17% at Money Mart 's cash repayment rate of $19.99 per $100.00 borrowed, and 599.64% at the regular rate of $23.00 per $100.00 borrowed. The APR on a $300 loan originated online for 14 days is 521.17% at the rate of $19.99 per $100 borrowed for loans funded to the Money Mart ATM card, and 599.64% at a rate of $23 per $100 borrowed for loans funded in store or to your chequing account. Money Mart branch BC Payday Licence #49839. Online BC Payday Licence #62477.] [Ontario residents: The cost of borrowing at Money Mart is $21.00 per $100.00 per each $100.00 advanced. On a $300.00 loan for 14 days, the cost of borrowing is $63.00, with a total payback amount of $363.00. The maximum allowable cost of borrowing under payday loan agreements is $21.00 per each $100.00 advanced.] MONEY MART® is a registered service mark of National Money Mart Company. © 2015 National Money Mart Company. All rights reserved.
In Nova Scotia the total cost of borrowing $100.00 for 14 days is $22.00. Payday Loans are High Cost Loans.

Quebec's Simons comes to Gatineau

SHOPPING

Clothing chain's latest store is in Les Promenades

Lucy Scholey
Metro | Ottawa

Simons, a Quebec City-based clothing chain, is opening one of its two new Ottawa-Gatineau locations on Thursday.

The 175-year-old family business is opening an 80,000-square-foot store inside Les Promenades Gatineau on Maloney Boulevard as part of the mall's larger redevelopment.

This marks the 10th store location in Canada, including three in Quebec City, Montreal, Sherbrooke, Edmonton, Anjou, Laval and St. Bruno.

There are another seven stores in development, including one at the Rideau Centre. Shoppers will have to wait until next August to browse clothes in that 100,000-square-foot, two-floored facility. Simons is investing almost $20-million in the Gatineau location and, when all is said and done, the Ottawa spot will cost about the same.

President Peter Simons, who runs the family business with his brother and vice-president of women's wear Richard, said they are thrilled about the Gatineau store.

"Our hearts are in Quebec a little bit, obviously; we're based in Quebec City," said Peter Simons, as employees were prepping the store for opening day. "On the other hand, I'm super excited about the Rideau project. The architecture is really great. I think Cadillac Fairview has done a really great job."

Simons started as a dry goods store in 1840, but eventually switched to a fashion focus, that Peter Simons describes as "middle- to high-end."

"We're not a department store. We're a large-scale specialty boutique," he said. "Our merchandise mix, I think, relates to how people are shopping today. They are really crossing over boundaries and mixing it up and creating their own style."

As one spokesperson noted, you can buy an $825 Italian Just Cavalli blazer and wear it with one of the $20 T-shirts. Nike, Underarmour, Canada Goose and Simons' own Twik brand are among the clothes lining the shelves.

Judging by the mannequins, berets, capes and plaid are in season this fall.

There's also a small homes section and a café, called Ève, which will serve French-Canadian cuisine including Montreal-style bagels and French onion soup.

Brooklyn-based artist Julie Tremblay, a Quebec City native, created an aluminum mesh art piece that's hanging from a skylight.

Simons is opening soon after U.S. retailer Target closed its Canadian stores and Holt Renfrew ceased business in Ottawa.

1 **Peter Simons, president of Quebec City-based Simons, stands in the clothing chain's new Gatineau location at Les Promenades Gatineau. The store opens on Thursday.**

2 **Judging by the store's mannequins, capes, berets, wide-brimmed hats and plaid are in-style for fall women's fashion.**

3 **As for men's wear, Simons carries casual threads, pictured here, as well as higher end suits.**

ALL PHOTOS BY LUCY SCHOLEY/METRO

This is the face
of change.
UNIVERSITÉ
SAINT-PAUL
UNIVERSITY
APPLY NOW FOR FALL 2015!
Discover our Undergraduate Programs:
• Conflict Studies
• Group Intervention and Leadership
• Human Relations
• Philosophy
• Public Ethics
• Social Communication
• Theology
COMBINE YOUR COLLEGE CREDITS WITH ONE OF OUR UNDERGRADUATE PROGRAMS!
APPLY ONLINE: ustpaul.ca
223 Main Street, Ottawa ON 613-236-1393 | 1-800-637-6859
Saint Paul University is the founding college of the University of Ottawa (1848), with which it has been academically federated since 1965.

Three amazing business services. One great price.

Give your business a competitive advantage with Bell.

Bell Business Bundles include:

- Blazing-fast Fibe Internet running on Canada's most advanced network technology
- Canada's most reliable phone service[1] with a Canada/U.S. long distance plan
- Mobility for business on Canada's largest LTE network[2]

STARTING FROM
$154.28/MO.[3]
with a contract term

Bell business bundles just got better

Get expert advice today at the following locations:

OTTAWA
280 West Hunt Club Rd
613 566-3443

Or contact the following Bell Business Expert :

MATTHEW TRASK
mtrask@cellcom.ca
613 295-8502

Current as of July 3, 2015. Available to new Business customers in Ontario, where access and technology permit. Subject to change without notice and cannot be combined with any other offer. Early cancellation charges apply. $200 basic installation charge waived on a 3-year contract. Taxes extra. Other conditions apply. Mobility: Available within network coverage areas available from Bell Mobility where technology permits; see bell.ca/coverage. One-time connection charge ($15) applies. Internet: Wi-Fi modem rental included. Business Phone: Available where not regulated by the CRTC. **(1)** Applies to traditional copper-based (excluding fibre-based) wireline telephony; compared to cable telephony and based on continued service during extended power outages at the business' premises. **(2)** Based on total sq kms of coverage on the shared LTE network available from Bell vs. Rogers' LTE network. See bell.ca/LTE for details. **(3)** Includes Bell Business Bundle Starter ($79.28/mo.) on a 3-year contract and a Mobility $85 Voice & Data Plus plan on a 2-year contract.

Hopes high for new contract with teachers

NEGOTIATIONS

Unions are, or will be, in legal strike position

Education Minister Liz Sandals issued a warning to Ontario teachers Wednesday while expressing optimism about reaching new contract agreements before the start of classes Sept. 8.

The four big teachers' unions are, or soon will be, in legal strike positions, and that means any job actions they plan if there are no agreements by September would amount to a limited strike, not a work-to-rule campaign, said Sandals.

The unions, which represent 115,000 teachers, have talked about refusing to supervise extracurricular activities or to participate in parent-teachers meetings as possible protest actions if there are no agreements when classes resume.

They've been without contracts for a year now, and once they are in legal strike positions they can't unilaterally decide on work-to-rule campaigns, said Sandals.

"The things that they're proposing to do in the event that there are no agreements would be a partial withdrawal of services, so it is a form of strike," she said. "The teachers can't simply decide that as a work to rule they won't do EQAO testing, as an example. That's a strike action."

> **I have a sense of a good feeling coming back from the table.**
> Liz Sandals, Education Minister

However, the minister said all sides are ready to reach new agreements after negotiations resumed Wednesday with the Ontario English Catholic Teachers for the first time in three months.

Talks with the Ontario Secondary School Teachers' Federation are scheduled to resume next week.

The government is also in "informal" talks with the Elementary Teachers' Federation about a resumption of negotiations.

"I really do get a sense that ... everybody's very focused on making sure that we do get agreements and there won't be disruption in the fall," said Sandals. "I have a sense of a good feeling coming back from the table."

THE CANADIAN PRESS

Zellers

NEPEAN
2065 ROBERTSON RD., NEPEAN
613-726-1379

STOREWIDE CLEARANCE EVENT!
HURRY IN FOR BEST SELECTION, WHILE QUANTITIES LAST.
ON NOW THRU THURSDAY, AUGUST 20

SAVE UP TO 75%
WHEN YOU TAKE AN EXTRA 50%* OFF
almost all spring and summer fashion for men, women and kids

SAVE UP TO 65%
WHEN YOU TAKE AN EXTRA 40%* OFF
almost all spring and summer footwear, accessories, handbags and sleepwear for women

HOUSEWARES EVENT
SAVE AN EXTRA 50%*
on selected dinnerware, cookware, flatware, tableware, drinkware, bakeware and small appliances

GREAT PRICING ON MAJOR HOME FASHIONS
SAVE UP TO 85% on mattresses
SAVE UP TO 70% on furniture
SAVE UP TO 60% on patio furniture
SAVE UP TO 40% on appliances

Hours of operation: Mon. – Fri. 9:30 am – 9 pm | Sat. 9:30 am – 6 pm | Sun. 10 am – 6 pm

Store discounts are off the lowest ticketed price. We accept Hudson's Bay MasterCard® Hudson's Bay Credit Card, major credit cards, debit cards, cash. No cheques. No price adjustments on prior purchases. No returns, exchanges or price adjustments on Major Home items. Selection may vary. While quantities last. Some exclusions will apply. No Rainchecks. See store for details. No other discounts apply. *Extra 40% off women's spring and summer footwear, accessories, handbags and sleepwear and extra 50% off spring and summer fashions and housewares event are off the last ticketed price. This promotion does not apply to items that are price pointed. Additional Dot Discounts are not applicable.

An arrest warrant has been issued for Robert Webb. CONTRIBUTED

Police lay charges in mall robbery

Steve Rennie
Metro | Ottawa

Ottawa police have charged a man alleged to have walked into a jewelry store in the Hazeldean Mall, smashed a display case with a hammer and threatened to kill a witness.

At one point during the robbery, police say, the man revealed a handgun tucked into the waistband of his pants.

The man is then said to have fled to a waiting vehicle with another person behind the wheel.

Police say the getaway car was later dumped on Abbeyhill Road in Kanata. The two suspects are then said to have gotten into another vehicle and fled.

Police say the vehicle the two suspects dumped on Abbeyhill Road was stolen in Montreal on July 23. Investigators found evidence in that vehicle that police say linked the suspects to a July 27 break-and-enter on Mansfield Road near Richmond.

Police in Repentigny, Que., stopped the second vehicle for a traffic infraction on July 31. They arrested the passenger on a parole warrant, but did not arrest the driver.

William Hughes, 38, of Ottawa is charged with robbery with a firearm, theft of a motor vehicle, three counts of possession of property obtained by crime under $5,000, conspiracy to commit an indictable offence and one count of uttering threats. He is in custody and is scheduled to appear in court Sept. 22.

Police have also issued an arrest warrant for Robert Webb, 44. He faces the same charges as Hughes, as well as two counts of breach of probation.

IN BRIEF

Sens holding job fair

Have you ever wanted to be an usher for Ottawa Senators games at the Canadian Tire Centre? Or be a Zamboni driver at the nearby Sensplex?

Now's your chance. Starting Thursday, the Senators are hosting a job fair seeking to fill a host of part-time positions for the upcoming season.

The jobs available range from concession vendors and suite attendants to ticket sellers, ushers and custodians. Jobs at the Bell Sensplex, such as Zamboni drivers and adult league timekeepers, are also available.

The job fair is at the Canadian Tire Centre Thursday from 5 to 7 p.m., Friday from 10 a.m. to 1 p.m. and Saturday from 10 a.m. to 1 p.m.

Job seekers are asked to bring several copies of their resumés and three work-related references.

MICHAEL WOODS/FOR METRO

Man turns over gun-shaped iPhone case

MANITOBA

Fake weapon causes panic, armed officers respond

A Manitoba man has turned his cellphone case over to police after it caused panic on a crowded public beach.

The black case, shaped like a handgun, was tucked in the waistband of the man's shorts on Sunday while he was at Grand Beach north of Winnipeg.

RCMP were called and responded with real rifles and Tasers.

They found the man sitting on the beach with family members, including children, and quickly determined he was only armed with an iPhone.

Sgt. Bert Paquet says the 34-year-old man was questioned and voluntarily gave officers the case for disposal.

He will not face charges.

"While the individual knew this item to be a fake gun, our officers did not," said Paquet.

"Some people do not realize the risks associated with openly carrying or displaying these replicas in a public space. Anyone who owns this type or similar devices should safely dispose of them immediately."

THE CANADIAN PRESS

A Manitoba man turned over his iPhone case shaped like a gun to police after it caused panic on a crowded public beach. RCMP/THE CANADIAN PRESS

ALBERTA

Suspected car thief found hiding in tree

A man accused of ramming a police cruiser during a 100-kilometre chase appears to have marked a first for a central Alberta RCMP detachment by hiding in a tree to elude capture.

Mounties at Evansburg got a call last Thursday about a stolen vehicle in the summer village of Seba Beach, about 90 kilometres west of Edmonton.

The driver was spotted swerving from shoulder to shoulder when officers caught up to him. He took off when they tried to pull him over.

Police say that after ramming one of their vehicles, the driver sped through fields and eventually stopped before fleeing on foot.

Officers aided by a police dog service team eventually found him hiding in a tree.

Daniel Patrick O'Donnell, of no fixed address, remains in custody on charges that include dangerous operation of a motor vehicle and flight from police.

RCMP Sgt. Brian Topham says in his 33 years of policing, he's never seen a suspect take such an unusual escape route.

"I've seen them run until they can't run anymore, hide in all kinds of places in the ground, or cross rivers, but I've never seen anybody go up a tree."

THE CANADIAN PRESS

IN BRIEF

Precautionary boil-water advisory for Sask. city

The Saskatchewan Water Security Agency says the entire city of North Battleford is under a boil-water advisory.

The agency says the advisory is due to a "process error" at the city's water treatment plant.

The advisory says all drinking water, as well as water used for dishwashing, washing fruit and vegetables and brushing teeth must be brought to a roiling boil for one minute.

More than 7,000 North Battleford residents became sick in 2001 when a parasite entered the water supply.

THE CANADIAN PRESS

Save up to $950 with our two day Mexico vacation sale.*

Pack your bags. It's Mexi-go time! Last day to save.

Book today at westjet.com/Metro or call your travel agent.

WestJet Vacations Price Drop Guarantee

WESTJET vacations

*Some restrictions apply. **Ontario travel agents are covered by TICO. Mailing address: 6085 Midfield Road, Toronto, ON L5P 1A2. TICO registration number: 50018683.**

CYCLOSPORA

Outbreak remains mystery

Some sort of fresh produce has been making a number of Canadians sick this summer. But with grocery stores a veritable cornucopia of fruits and vegetables, how do public health experts figure out what is to blame?

It ain't easy. In fact, it takes a lot of dogged work to figure out what is the cause of something like the Cyclospora outbreak that has sickened more than 80 people in Ontario, British Columbia, Alberta and Quebec this summer.

And given the fact that it's actually been several weeks since the most recent person to be diagnosed became ill, chances are decent the source of this outbreak is going to remain a mystery.

"At this point in time since nothing's really coming up strongly I suspect that there is diminishing likelihood that we will detect the cause or causes," says Dr. Doug Sider, medical director of communicable disease prevention and control at Public Health Ontario.

Sider says it appeared for a time that the culprit might have been contaminated blackberries, but some of the people who were ill did not eat that type of berry.

Ontario has reported the lion's share of the cases in this outbreak is caused by a parasite called Cyclospora. The bug only infects people, triggering a gastrointestinal illness called cyclosporiasis.

Its presence suggests some human feces came in contact with the produce carrying it. And that suggests what public health folks call poor toileting practices — farm workers defecating in fields or not washing their hands before returning to picking after having a bowel movement, for instance.

THE CANADIAN PRESS

IN BRIEF

Ex-PQ cabinet minister named chief of staff

Former Parti Québécois cabinet minister Pierre Duchesne is the new chief of staff to party leader Pierre Karl Peladeau.

The ex-Radio Canada reporter was minister of higher education between 2012 and 2014 when he lost his seat in the general election and the Liberals swept to power.

Duchesne, 50, has been a strategic adviser to the PQ since June 2014.

THE CANADIAN PRESS

Harper was briefed only in general, says Wright

SENATE SCANDAL

Witness leads court through Duffy scenario inside PMO

Nigel Wright, former chief of staff to Prime Minister Stephen Harper, testifies at the Mike Duffy trial in Ottawa on Wednesday, in this artist's sketch. GREG BANNING/THE CANADIAN PRESS

Inside the Prime Minister's Office, they called it the "scenario for repayment" — a plan that would make the Mike Duffy expenses scandal quietly go away, without anyone suggesting the senator had done wrong.

Nigel Wright, the marquee witness at Duffy's fraud, breach of trust and bribery trial on Wednesday, said he didn't tell former boss Stephen Harper that the deal involved someone else paying Duffy's contested expenses.

But several of Harper's closest aides were privy to the drawn-out, often tense negotiations that went on behind the scenes in 2013. Harper was briefed in general, Wright said.

"I told (Harper) that Sen. Duffy was agreeing to repay; I gave him — in very broad terms, not in detail — the media lines," Wright testified.

Duffy has pleaded not guilty to 31 charges in connection with his Senate office, living and travel expenses. Wright's testimony goes to his secret $90,000 repayment of Duffy's expenses, which has been framed by the Crown as being orchestrated by Duffy.

Wright, who flew in from London where he now works, answered Crown attorney Jason Neubauer's questions with long, detailed answers. He recalled dates and specific phone calls and admitted to feeling anger toward Duffy at different junctures — and ultimately regret.

"If it became public, I thought it would be somewhat embarrassing," he said. "But there were a whole lot of connotations associated with it that I didn't really think through. If I had, I might not have done it."

Wright's highly anticipated testimony was accompanied by 426 pages of internal emails that were filed with the court.

From the moment the media began asking about the senator's residency issues in late 2012, Duffy dug in his heels.

The senator filed for expenses on the basis that he was travelling and living away from his "principal" residence in Prince Edward Island, even though he lived most of the time in Ottawa.

He told Wright the Senate rules and forms were not clear and repaying the money would put him at risk of being declared not qualified to sit in the upper chamber.

While Wright said Duffy might have arguably been legally entitled to the expenses, he felt that common sense dictated that he shouldn't claim for expenses for somewhere he "hung his hat at night."

Ultimately, Duffy and the PMO reached an agreement that would see his expenses repaid by the party, the Deloitte audit curtailed, the government defend Duffy's right to represent Prince Edward Island and Duffy keep his mouth shut about everything.

THE CANADIAN PRESS

NDP, Liberals respond to trial

ELECTION 2015

Leaders take different stances on court case

The NDP wasted little time Wednesday in using the return of Mike Duffy as political leverage against the Conservatives, while Liberal Leader Justin Trudeau seemed to want to wash his hands of it.

With Nigel Wright, Stephen Harper's former chief of staff, on hand to testify at the disgraced senator's trial, Charlie Angus — the New Democrat point man on ethics — was promising to be there to discuss his testimony.

With NDP Leader Tom Mulcair campaigning in Quebec, Angus was also expected to step into the renewed media spotlight to promote an NDP plan to fight corruption in the embattled upper chamber.

Throughout the Senate scandal, Angus has been a gadfly to Harper, who was attending a campaign event Wednesday in B.C. But his leader got things going during a morning appearance in Levis, Que.

There is more at stake than just Wright and the $90,000 he gave Duffy to repay questioned expenses, Tom Mulcair told NDP supporters.

"Nigel Wright may be on the witness stand, but it's Stephen Harper who is on trial," Mulcair said.

"Mr. Harper has time and again said one thing and its opposite during this whole Duffy-Wright affair. And when you say one thing and its opposite, it's quite obvious that both can't be true."

Liberal Leader Justin Trudeau cradles Adalyn Hayes during a campaign visit to the Regina Farmers Market in Regina on Wednesday. MICHAEL BELL/THE CANADIAN PRESS

The Conservatives have been convicted of wrongdoing in the last three elections, Mulcair noted. "With a record like this, Canadians can't let Stephen Harper get away with it again."

Trudeau, however, suggested at a campaign event in Regina that instead of looking at all the mistakes that were made, he wants to move in a different direction — focusing in particular on the economy and the middle class.

"What we see right now is Ottawa is going to be entirely focused on what's coming out of that trial; people are going to be talking about all the things that went wrong with the Harper government," Trudeau said.

"I'm going to be talking about how we fix Canada and how we build a strong economy for the future of Canadians."

The Conservatives are out of steam and out of ideas, and Harper's plan is to stick with a program that hasn't worked, Trudeau said.

"When a plan isn't working, the real risk is sticking with the status quo." THE CANADIAN PRESS

IN BRIEF

$6M settlement in case of worker cooked with tuna
Bumble Bee Foods has agreed to pay $6 million US to settle criminal charges in the death of a Los Angeles-area worker who was cooked in an oven with six tons of tuna. The settlement includes a $1.5 million US payment to the family of Jose Melena, who died three years ago in a 270-degree oven at the company's Santa Fe Springs plant. Melena was trapped after a co-worker mistakenly believed he was in the bathroom and filled a pressure cooker with canned tuna.
THE ASSOCIATED PRESS

Colorado may ban 'candy' name on marijuana treats
Edible marijuana products in Colorado may soon come labeled with a red stop sign, according to a draft of new rules released by state marijuana regulators. The state, one of the first to legalize recreational marijuana, might also ban the word "candy" from edible pot products, even if they're sweets such as suckers or gummy chews.
THE ASSOCIATED PRESS

Beauty queen charged with faking cancer
A beauty queen has been jailed on charges she faked having leukemia to benefit from fundraisers, and will be stripped of her title. Online court records show 23-year-old Brandi Lee Weaver-Gates, of State College, was arraigned Tuesday on charges of theft by deception and receiving stolen property. State police say an April bingo benefit raised $14,000 for the Miss Pennsylvania pageant winner.
THE ASSOCIATED PRESS

Croatia's Prime Minister Zoran Milanovic addresses a news conference in Zagreb after ISIL sympathizers circulated a gruesome image Wednesday on video. GORAN STANZL/THE ASSOCIATED PRESS

Beheading of Croat captive stuns nation

TERRORISM

Surveyor was abducted by ISIL in Egypt last month

In Tomislav Salopek's hometown Vrpolje in Croatia, residents refuse to believe Wednesday's reports that the 30-year-old surveyor appears to have become the first Croat to be beheaded by the Islamic State of Iraq and the Levant (ISIL).

"No, no, no," Goran Blazanovic kept repeating as he sat in the local cafe filled with pale and quiet guests who were switching from one news portal to another on their smartphone screens, looking for signs that would give them hope that the reports were mistaken.

"Nothing is proven," Blazanovic insisted. "We hope that he will come back home to his wife and children."

Salopek, who was working with France's CGG Ardiseis, was abducted on July 22 in Egypt and appeared last week on an ISIL video as a hostage demanding Egyptian authorities to free "Muslim women," a term referring to female Islamist prisoners detained in a sweeping government crackdown following the 2013 military ouster of the country's Islamist president.

> **Nothing is proven ... We hope that he will come back.**
> Goran Blazanovic

Then on Wednesday, ISIL sympathizers circulated an image on social media that appeared to show Salopek's beheaded body lying on desert sand with a black ISIL flag and a knife planted next to it. The picture or the information about his execution could not be officially verified.

Croatians had hoped diplomacy and reason would prevail and that their citizen would return home to his family, far away from the conflict he had nothing to do with.

Addressing the nation, Croatian Prime Minister Zoran Milanovic urged people not to expose their children to the gruesome image and said "we cannot 100 per cent confirm it is true but what we see looks horrific."
THE ASSOCIATED PRESS

JULIAN ASSANGE

Officials run out of time

Swedish officials said Wednesday they're making last-minute attempts to quiz WikiLeaks founder Julian Assange over sex crimes allegations, most of which are set to expire by next week, but that he would still be wanted for questioning on accusations of rape.

Assange, who escaped a Swedish arrest warrant by taking refuge in the Ecuadorean embassy in London in 2012, is wanted on two allegations of sexual molestation and one of unlawful coercion which expire by Aug. 18 unless he is formally charged. A fourth allegation of rape is valid until 2020.

The 44-year-old Australian, who has denied the allegations, says he has no intention of going to Sweden for fear of being extradited to the United States because of an ongoing investigation into WikiLeaks' dissemination of hundreds of thousands of classified U.S. documents.

Karin Rosander, spokeswoman at Sweden's prosecution authority, said Assange and British authorities have agreed he be questioned in London but that prosecutors have not heard back from the Ecuadorean Embassy.

The Ecuadorean embassy said in a statement Monday that "on no occasion has any representative of the Kingdom of Sweden presented themselves at the embassy in relation to the Assange matter."

One of Assange's Swedish defence lawyers, Thomas Olsson, said that even if all three cases are dropped "it will not change anything for Assange" as the arrest warrant remains in force. "I believe the case should have been closed long ago because the evidence is weak," Olsson said.
THE ASSOCIATED PRESS

RESEARCH

Octopuses display human-like behaviour

The octopus already is an oddball of the ocean. Now biologists have rediscovered a species of the sea creature that's even stranger and shares some of our social and mating habits.

Biologist Rich Ross at the California Academy of Sciences said a batch of octopuses from Central America just didn't fit the loner profile scientists had drawn for the rest of the species.

While most octopuses live alone, coming together briefly for dangerous mating, couples of this species mate beak-to-beak in a romantic way and stay together for a few days. But it's more than sex. These octopuses clean food waste from their dens. They twirl their arms like an old-timey movie villain with a moustache.

The Larger Pacific Striped Octopus — not much bigger than a tennis ball — was found almost 40 years ago off the coast of Panama. Other scientists wouldn't believe it was a separate species so its discoverer, Arcadio Rodaniche, gave up and the species was never formally described or named.
THE ASSOCIATED PRESS

A male Larger Pacific Striped Octopus closes in on a shrimp.
COURTESY ROY L. CALDWELL/THE ASSOCIATED PRESS

CHINA

Seven killed as huge blasts rock Tianjin

Huge explosions sparked at a warehouse for dangerous material in the northeastern Chinese port of Tianjin have killed at least seven people and injured hundreds, officials said Thursday.

The state-run Beijing News said between 300 and 400 people had been admitted to hospitals in the city, east of Beijing. It says the explosions shattered windows and knocked off doors of buildings in the area.

Police in Tianjin said an initial blast took place late Wednesday night at shipping containers of a warehouse for hazardous materials owned by a logistics company.

The official Xinhua News agency said an initial explosion triggered other blasts at nearby businesses.

Photos apparently taken by bystanders and circulating online on microblogs show a gigantic fireball high in the sky, with a mushroom-cloud.
THE ASSOCIATED PRESS

WE ARE...

PROFESSIONAL SOCCER

1ST PLACE

MOST GOALS IN THE LEAGUE

12 MATCHES UNDEFEATED

THIS SATURDAY 7 PM

OTTAWA FURY F C

TICKETS STARTING AT $17

VS

OTTAWAFURYFC.COM

WE ARE FURY!

Employees in sales, marketing and finance have been particularly hard-hit.
PAUL SAKUMA/THE ASSOCIATED PRESS FILE PHOTO

2,500 jobs cut after Kraft Heinz merger

CUTBACKS

Executives expect to save $1.5 billion in annual costs

Kraft Heinz says it is cutting about 2,500 jobs in the U.S. and Canada as part of its plan to slash costs after the food companies combined.

Spokesman Michael Mullen says the affected workers were to be notified in person. About 700 of the cuts were coming in Northfield, Ill., where Kraft had been headquartered.

The company would not specify where other cuts were taking place but said that all the jobs were salaried. It said none of the job cuts involved factory workers.

The Kraft Heinz Co. said it had a total of around 46,600 employees before the cuts. That included about 1,900 in Northfield.

When the two companies announced the merger in March, Mullen said Heinz had Canadian operations in Toronto and St. Marys, Ont., as well as a small office in Leamington, Ont.

Kraft had around 2,000 Canadian employees, and according to a filing with the U.S. Securities and Exchange Commission, three distribution centres and two manufacturing and processing facilities.

The job cuts are not surprising, given the reputation of the company's management on Wall Street.

CEO Bernardo Hees had already overseen cost-cutting at Heinz since the ketchup maker was taken over in 2013 in a prior partnership between 3G and Berkshire. That means the cuts announced Wednesday mostly affect people on the Kraft side of the business.

Executives say they expect to save $1.5 billion in annual costs by 2017.

In a statement, Mullen said Wednesday the job cuts are part of the company's process of integrating the two businesses and "designing our new organization."

"This new structure eliminates duplication to enable faster decision-making, increased accountability and accelerated growth," Mullen said.

He said the savings will free up money to be invested back into the company's products.

Affected employees, who worked in jobs such as sales, marketing and finance, will be given severance benefits of at least six months, Mullen said.

THE ASSOCIATED PRESS/ WITH FILES FROM THE CANADIAN PRESS

market minute

DOLLAR
77.08¢ (+0.77¢)

TSX
14,339.53 (-75.14)

OIL
$43.30 US (+$0.22)

GOLD
$1,123.60 US (+$15.90)

NATURAL GAS: $2.931 US (+8.7¢)
DOW JONES: 17,402.51 (-0.33)

EUROZONE

Greece, creditors assess bailout terms

Details of Greece's latest bailout package were being pored over across Europe on Wednesday as Prime Minister Alexis Tsipras insisted the agreement with creditors would put "a definitive end" to the country's economic uncertainty.

Tsipras has called an emergency session of parliament to discuss and vote on the bill, which includes painful tax hikes and spending cuts, in time for a confirmed meeting Friday of the eurozone's 19 finance ministers in Brussels.

The so-called eurogroup has to sign off on the bailout deal — as do a few parliaments — so the funds on offer can be released in time for Greece to avoid defaulting on a big debt repayment to the European Central Bank on Aug. 20. The three-year bailout is worth about 85 billion euros ($93 billion).

THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Thursday, August 13, 2015

metro's election explainer

This vote could decide the future of the Senate. Here's where the leaders stand.

The trial of former senator Mike Duffy on charges of fraud, bribery and breach of trust has many wondering if it's time to clean house at the upper house. Senators are not elected, but appointed by the Governor General at the direction of the prime minister. They serve until age 75, most of their work is taken up by rubber-stamping the House of Commons' bills. Historically this plum post was used to reward friends and allies of the party in power. It doesn't take a psychic to divine that this system of patronage — though it's baked into the Constitution — will fall further out of favour in the future. It's enough to get leaders to peer into their crystal balls. Here's what they're seeing.

CONSERVATIVES: ABOLISH

The PM is a harsh critic of the Senate, saying 21st-century legislatures ought to be elected. But he says major reform, without consent of the provinces and messy constitutional negotiations, is "off the table." Harper hasn't appointed new senators for more than two years, in a bid to get provinces to initiate change. If that doesn't happen, and he's re-elected, he says he may have to resume appointments to get bills passed.

NEW DEMOCRATS: ABOLISH

Dippers are the most voracious critics of the Senate. They want to see the chamber consigned to history ASAP — even if means getting the provinces on board to pass a certain-to-be-contentious constitutional amendment. The NDP's "Roll up the red carpet" campaign literature notes with derision that all but a handful of the senators Harper appointed before his moratorium were major donors to the Conservative Party. The party also decries that the upper house sits for only 72 days a year at a cost of $116 million to taxpayers.

LIBERALS: REFORM

Liberal Leader Justin Trudeau says the NDP's and Conservatives' prophesying about a future with no Senate is "cynical," "dangerous" and "unrealistic." He argues reopening the constitutional debate — which has been divisive and dragged on for years in the past — could reinvigorate Quebec separatists. Instead, he wants an independent, nonpartisan, "merit-based" panel to appoint senators, a move critics say wouldn't adequately address the problem of patronage.

The election explainer is dedicated to keeping urban Canadians informed ahead of the Oct. 19 vote. Look for it in this space throughout the campaign. Let us know what needs explaining: readers@metronews.ca

Some health apps work, but do your homework

THE SCIENCE

Stephanie Orford

This September, the federal government is aiming to help you start your fall regimen properly with a new health incentives app called Carrot Rewards.

The $15-million tool, created by Canadian developer Social Change Rewards, provides cash-value incentives for Canadian users who make healthy lifestyle choices (cooking healthy recipes, joining fitness groups).

Carrot is just one of more than 100,000 smartphone health apps out there — and the market is growing. They can be a great way for people to monitor their health, and in some case they can help motivate users to identify issues and treat them.

Calorie-tracking apps like My Fitness Pal help users track their energy inputs and outputs, and indicate whether they're meeting a few key nutritional needs such as protein and vitamin intake.

Clue, a period-tracking app, allows users to record the timing of their period, their pain and other physiological observations, and helps women estimate when they're most likely to get pregnant.

But not all health apps are equal before science.

Last year a study published in breast-cancer journal The Breast found that the vast majority (about 85 per cent) of apps dedicated to breast health were not regulated or created using professional input.

And an earlier study found little evidence attesting to the efficacy of 295 cancer apps.

A 2013 study of women's health apps found that eight out of 10 weight-loss apps were effective at helping their users achieve weight loss, but found little evidence that other types of health apps were effective.

Smartphones are a powerful tool to collect and analyze personal health data inexpensively. They can potentially be used to flag health problems and provide potential preventive solutions.

And they can pre-empt health-care costs incurred by patients who would otherwise put off visiting a doctor until their health conditions were too severe to ignore.

But just because it's a slick smartphone app doesn't mean it's backed by good science. Before you download the app, do the research.

Smartphones are a powerful tool to collect and analyze personal health data inexpensively ... But just because it's a slick smartphone app doesn't mean it's backed by good science.

Stephanie Orford is a Vancouver-based writer. The Science appears every other Wednesday.

ROSEMARY WESTWOOD

metroview

To hear Trump tell it, any fierce woman must be menstruating

If there's one thing American's will never see under a Trump presidency, it's an apology.

That hasn't stop menstruating women from hounding our orange-topped celebrity politician du jour on Twitter, giving him a play-by-play of their periods, tagged #periodsarenotaninsult.

Earlier this week, Trump faced an onslaught of attacks from fellow Republicans after he suggested Fox News anchor Megyn Kelly asked him pointed questions during a debate because she was PMS'ing.

Trump, favouring truth talk as ever, told it like he sees it: Any woman acting fiercely is obviously on her period.

He's since denied the implications of his words. But regardless, it shows how much women's monthly bleeding still freaks everyone out.

During Thursday's debate, Kelly pressed Trump on his views of women (he's called Arianna Huffington "a dog," others "slobs" and "fat pigs").

Trump, in response, called Kelly a bimbo on Twitter. He told CNN she was a "lightweight" trying to act tough "reading her little script."

"You could see there was blood coming out of her eyes. Blood coming out of her ... wherever."

And that is what it takes to truly ostracize the Republican Party. Republicans slammed Trump "with a vigour not seen during previous controversies during his presidential bid," to quote CNN. He was even disinvited to a major Republican presidential event.

Not for calling Mexicans rapists. Not for his other demeaning comments about women (see above).

Apparently, mentioning a woman's bleeding is the lowest a Republican can go.

I would have considered period activism the province of young feminists learning that periods aren't weird or shameful. But menstrual blood still makes international headlines: Whether you're a marathon runner who got a Q & A with Cosmopolitan for bleeding while running, or you're an Instagram user getting shut down for posting photos of bloody sheets — periods are news.

There are a few ways to slice it. Maybe the spectre of menstrual blood remains extra gross or frightening. Or maybe, "period" is a misogynist code word for women's supposed lack of emotional control.

Sure, what Trump said was despicable. But most of what Trump says is despicable, mostly because he's direct about some despicable points of view other politicians prefer only to imply.

I don't have an answer to this one, but I am wondering: Why are periods the trump card?

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER METRO EASTERN CANADA
Greg Lutes

MANAGING EDITOR OTTAWA
Steve Rennie

ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

metro LIFE
Your essential daily news

Former NFLer and head trauma advocate Ben Utecht has book deal

Behind the covers of Chip Kidd

GRAPHIC DESIGN

Working on Japanese books brings a new way of seeing

Famed graphic and book designer Chip Kidd has been designing covers for Japanese writer Haruki Murakami's books at Knopf for 20 years.

He's visited Japan and has been inspired in part by what he found in the jimbocho antiquarian book section of Tokyo.

"I could spend a couple of weeks there," he told Torstar News Service in an interview, "because you see everything from traditional Japanese bookmaking, then how they were influenced in terms of design by the West ... It's a whole other way of visually thinking. We are left to right and they are right to left."

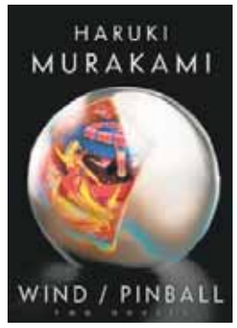
Here, some more of Murakami's book covers, with comments from Kidd on inspiration, challenges and successes.

TORSTAR NEWS SERVICE

"Traditional Japanese bookmaking ... It's a whole other way of visually thinking. We are left to right and they are right to left."

Graphic and book designer Chip Kidd

Wind / Pinball



I work with a photographer and image-maker named Geoff Spear and we worked on The Wind-Up Bird Chronicle and we worked on Kafka On The Shore. You know he's sort of a magician: I say (to him), "You know I want a giant pinball and we're going to see a reflection of this particular pinball machine in it" and so he did it and it was really great. And we go back and forth and hone it. And then I realized after it was accepted that the image of the pinball machine, of the rocket ship is on the left, and the clear, just the sheen of the chrome is on the right. But the title is Wind/Pinball. But when you look at this it's Pinball/Wind. Then I thought, no, this is perfect, because if you read the image right to left (as you would in Japanese) it is Wind/Pinball.

After Dark

(My trips to Japan) influenced me a lot especially in terms of just getting to understand the visual culture. There was a Murakami novel called After Dark and I was in Tokyo when I was working on that. I took a photo of a pachinko parlour ... and it was late, it was like midnight or one in the morning. So I took a picture of it and it had these funky glass doors that slid closed just as I was taking the picture. And I got angry. But it turned out that's what we ended up using because it looked so interesting, it looked more interesting than if the doors had been open.

PACHINKO PARLOUR TRICK

It had these funky glass doors that slid closed just as I was taking the picture. And I got angry.

Colorless

The trickiest by far was Colorless. Our head of production (at Knopf) is a guy named Andy Hughes who's ... just really, really brilliant at figuring out how to get these designs mass produced. But I think with Colorless ... I had a special excitement because the book debuted at No. 1. That was a huge symbolic milestone for him, plus I'm very proud of the design. It's strange, it's abstract, it initially doesn't really appear to mean anything although I was hoping that potential readers would be enamoured of it as an object first, then as you read it you figure out why the design looks the way it does. Then it makes more sense and takes on more meaning.

OBJECT FIRST

As you read it you figure out why the design looks the way it does. Then it makes more sense and takes on more meaning.

The Wind-Up Bird Chronicle

It's hard to pick (a favourite) I think that the way we were able to do Wind-Up Bird was really for me, because I was able to involve again my friend Geoff Spear and the cartoonist Chris Ware and blend their work together on this giant wind-up bird. And the way that works with the whole interior was for me a sort of revelation about how to design a novel starting with a deck and then going into the inside and how they work with each other.

The Strange Library

The brief, as it were, on The Strange Library was to make an extremely visual book out of what is essentially a short story and could be conceived as a short story for a younger audience. You know I also have to say that I'm so thrilled that the Canadian publisher Random House Canada has used my designs because they didn't have to. They could have created their own. But they went along with just about everything that I've worked on ... and I really appreciate it.

1Q84

The 1Q84 jacket almost didn't happen because they couldn't find a bindery that would be able to (handle it. The hard cover had an image with a semi-transparent jacket overleaf). It would have had to be done by hand as opposed to by a machine and that would have killed it for obvious reasons — we're talking over 100,000 books. So Andy Hughes (our head of production) found a bindery who was willing to take it on as long as we would give him a quarter inch play in either direction. Sometimes the title lined up perfectly and then sometimes it would shift to the left or to the right. But even if it shifted then you'd get this kind of nice white drop shadow and it wouldn't impede the readability of it.

TRANSPARENT TITLE OVERLAY

Even if it shifted then you'd get this kind of nice white drop shadow and it wouldn't impede the readability of it.

Truth is stranger than fiction for Buck 65

BUCK 65

Hip-hop artist and CBC host releases memoir

BOOKWORM

Sue Carter

Driving into Mount Uniacke, a rural community 40 kilometres outside of Halifax, you will encounter a wooden sign welcoming visitors to the "The Home of Buck 65."

Rich Terfry (a.k.a. Buck 65), Mount Uniacke's most famous son, earned the keys to the town: first, as a major-league hopeful with a lightning-fast arm, then as a Juno Award–winning hip-hop artist, a CBC Radio host, and now author. And yet the release of Terfry's memoir, Wicked and Weird: The Amazing Tales of Buck 65, published by Doubleday Canada, has the Nova Scotia native a little nervous about the response back home.

"I wanted to capture the spirit of the place and do it justice, but the tricky part is that a lot of the stuff that happened there was never talked about," he says. "And now I'm talking about it, for everyone to see."

Revealing "a hometown fuelled by secrets" is nerve-racking for sure, but the stories come with a warning. In the book's foreword, Terfry declares that his "imagination remains more reliable than my memory," a sly warning to readers not to believe everything on the page.

Terfry carries out on the weird promise alluded to in the title. In the first half of the book's coming-of-age story, there are Paul Bunyon-esque circus freaks and baseballs thrown so hard they fly into outer space, holes dug halfway to China that swallow up a man.

For those familiar with Buck 65's autobiographically inspired lyrics or his yarn-spinning broadcasts on the CBC Radio program Drive, it's no surprise that the memoir is fuelled by his "taste for the fantastical."

With Wicked and Weird: The Amazing Tales of Buck 65, Rich Terfry continues in his confessional tradition. HANDOUT

> **The tricky part is that a lot of the stuff that happened there was never talked about**
>
> Rich Terfry, on his hometown

"I got this idea in my head a long time ago that I never wanted to be perceived as boring. No one is ever going to say that guy's a snooze," he says. "I grew up in a family where storytelling was a big part of the culture. Stories became tall tales, and the fish caught become this big," he says, stretching his arms.

But underlying the personal mythology are the darker thoughts of an introverted young man growing up in a rough town, coping with the death of his beloved but volatile mother, a heavy-drinking father, adolescent infatuations and a promising baseball career cut short by physical injury.

The second half of the book reads as something of a confession, recalling Terfry's breakout as a successful music artist, a retreat to Paris and, most importantly, his relationship with ex-wife Claire Barest — who sang on several tracks on his album Secret House Against the World, and whose breakup with inspired his 2014 album Neverlove.

In the past when Terfry has publicly opened up — first through his music (his song Ice, about his mother's death, led to a record deal with Warner Music), and later through social media (earlier this year he admitted on Facebook to creating "a false image of myself"), he's discovered fans willing to listen to his words and empathize.

"It's been scary, and it still is," Terfry says. "But the response has been so good. Opening up to people I've been given so much positive reinforcement, and as time goes on, I felt safer and safer doing it. So it's something that I continue to do."

Sue Carter is the editor at Quill & Quire magazine.

BLACK CHALK

No such thing as just a game

Emily Laurence
Metro in New York

As a puzzle and crossword maker, it's no surprise Christopher Yates enjoys a good game. But his novel Black Chalk takes the idea of friendly competition to a whole new level implying that life itself is a game. "Why else do you think we call ourselves the human race?" the book asks.

"There's a quote I like from Gore Vidal: 'Every time a friend succeeds, I die a little,'" Yates says. "Some people say it's a great quote and really expresses something true. Other people are absolutely mystified. They can't understand the idea of being jealous by someone else's success."

The book is about six friends studying at Oxford University who make up a game. At first the consequences of losing a round are silly. But over time, the consequences become life-altering, at times deeply humiliating and ultimately change the players forever.

"I came up with the idea for the very game with a friend when I was at Oxford," Yates says. "We never played the game, which is probably fortunate. But to a large degree, writing this book was me imagining what would happen if we did play the game."

The structure of the book jumps between present day and the college days in 1991. The narrator is a recluse living in the East Village in New York, and at times, the reader doesn't actually know which one of the characters is narrating the book.

Yates uses various other tricks to keep the reader guessing the whole way through.

"I did a lot of those things as a way to entertain myself while I wrote it," he says. "I think I almost turned the book into some sort of puzzle, even a puzzle for myself."

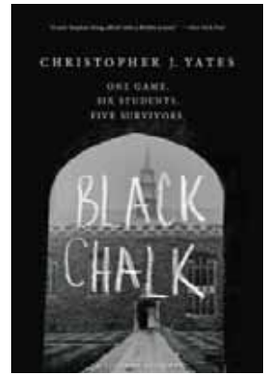
INSIDER INFO

Expert crossword puzzle maker and author Christopher Yates shares his tips for solving the hardest crosswords

1. Three-letter words
"When you make up a crossword puzzle, you are often forced to use obscure three-letter words," Yates says. He suggests Googling "crosswords three letter words" to build a base of the most common ones.

2. Look to the suffix
Yates says if a clue ends in –ing, there's a good likelihood the answer ends in –ing as well. Same goes for –ed. "Just pencil in (the suffix) and see if it helps."

3. Take a break.
Sometimes the best thing you can do is put down the crossword and do something else. "Your brain is still working," he says. Chances are, when you sit back down, an idea will pop in your head.



GOSSIP BRIEFS

Stewart not talking about sexuality

During her chat with Nylon magazine, former Twilight star Kirsten Stewart was asked to define her sexuality, but she'd rather not if that's cool.

"I don't feel like it would be true for me to be like, 'I'm coming out!'" she says. "I think in three or four years, there are going to be a whole lot more people who don't think it's necessary to figure out if you're gay or straight. It's like, just do your thing."
NED EHRBAR/METRO HOLLYWOOD

Smith calls out homophobia

Sam Smith took to Instagram this week to put one particular follower that had been harassing him on blast.

"This genuinely doesn't offend me, (because) I'm way too (thick-)skinned when it comes to this kind of s—," Smith writes. "But I just wanted to share this with everyone, so you can see how homophobia is still so present in our society." The account in question, named @gaysamsmith, has five followers and zero posts, with an account description that bashes Smith with homophobic language.
NED EHRBAR/METRO HOLLYWOOD

RELATIONSHIP

Tabloids faze Faris

Anna Faris and Chris Pratt are uncomfortably adjusting to life in the tabloid glare now that Pratt is one of the biggest movie stars in the world. For instance, Faris wasn't too thrilled by a Star magazine report this summer claiming she was worried about Pratt cheating on her with Jennifer Lawrence while they shoot a new movie together.

"For us it was like, 'What the heck?' This has been blindsiding to us. We have an incredible relationship. It's been weirdly stinging," she tells Fox411.

"(That) stung a little bit harder than I thought it would. I have always kind of believed that part of the rumours of celebrity couples were sort of true — because they had never been a part of my life. I thought 'Maybe there is a kernel of truth to that.'"
NED EHRBAR/METRO HOLLYWOOD

HOMES

Swift not buying a castle near her prince

This week in Taylor Swift rumour debunking: The Shake it Off singer is not — I repeat, not — buying a castle in the Scottish countryside to be closer to boyfriend Calvin Harris' family.

The castle in question, the Tower of Lethendy, would cost about $7.2 million but put her just an hour's drive from Harris' family homestead.

But alas: "I'm not actually buying a castle," she tweeted. So there you have it.
NED EHRBAR/METRO HOLLYWOOD

Olsen twins are having a bad week

LAWSUIT

Unpaid intern takes Dualstar to task over brutal hours

IN HOLLYWOOD
Ned Ehrbar

Not cool, ladies. Not cool. Mary Kate and Ashley Olsen are having a less-than-awesome week, as the former child stars are being sued by a former intern, Shahista Lalani, for being overworked with no pay.

Lalani is leading a class-action lawsuit against the twins' company, Dualstar Entertainment, where she worked as an intern in 2012.

"I was doing the work of three interns," Lalani says of her time under the designer for the Olsens' The Row label, according to the New York Post. "I was talking to her all day, all night. Emails at nighttime for the next day — like, 10 p.m. at night. It was, like, 100 degrees outside. I'd just be sweating to death. I probably carried, like, 50 pounds worth of trench coats."

Sounds like someone forgot to watch The Devil Wears Prada before starting her internship.

"You're like an employee, except you're not getting paid," she added. "They're kind of mean to you. Other interns have cried. I'd see a lot of kids crying doing coffee runs, photocopying stuff."

That ... sounds about normal for an internship in the fashion world. Lalani does say that the Olsen twins themselves are totes cool, though: "They're really nice people. They were never mean to anyone."

Oh, and in a great example of corporate shade, a rep for the company simply says, "Dualstar is not aware of this (lawsuit)." Burn.

The twins' company, Dualstar Entertainment, is staying mum over allegations. ALL PHOTOS GETTY IMAGES

buy beauty
AND GET REWARDED
20x faster
SATURDAY, AUGUST 15 TO FRIDAY, AUGUST 21
20x THE SHOPPERS OPTIMUM POINTS®
WHEN YOU SPEND $75 OR MORE* ON COSMETICS OR FRAGRANCES.
FREE feels good™
Includes All Brands of:
COSMETICS • SELECT SKIN CARE • HOSIERY • FRAGRANCES
JEWELLERY • HAIR COLOUR • BATH FOAM & GEL • NAIL CARE
SHOPPERS DRUG MART
*Offer valid on the purchase total of eligible cosmetics and fragrance products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes. Excludes bonus points and RBC® Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cosmetician for details.

metro HOME
Your essential daily news

A lighter look: The Bentley armchair with teak frame exemplifies 'New Scandi' trend in decor

What they're a$king

The average sale price of a Canadian home rose eight per cent in May, to more than $450,000 for the first time ever, according to the Canadian Real Estate Association. Here's a lineup of properties that can be purchased for $400,000 to $500,000.

Duncan McAllister FOR METRO

ASKING PRICES WERE ACCURATE AT TIME OF PUBLISHING.

$457,000

Ottawa

Here's a four-bedroom home at 865 Thorndale Dr., in the Riverside Park South area. Listing agent Emad Fadel says that it's a very well-maintained home located in a desirable family-oriented neighbourhood. It features new ceramic tiles and hardwood floors throughout. There are new kitchen cabinets and countertops, a main-level laundry, a recreation room and a landscaped, fenced private yard. The location is close to a park and playground. Amenities are nearby as well as public transit. Fadel is a sales representative with Royal LePage Performance Realty, 613-733-9100.

$459,900

Halifax

With four levels of living space, this executive home is located on a large lot in the heart of Bedford. The floor plan features plenty of open space and nine-foot ceilings. The kitchen features granite countertops and ceramic flooring. The second level has a large master suite with ensuite, and a generous spare bedroom and office. There's a fully finished basement, built-in sound system and wine cellar. Listing agent is Thomas Bagogloo from the Bagogloo Team, Re/Max nova, 902-830-9006.

$489,900

Calgary

This detached bungalow sold at press time above list price. The Brentwood neighbourhood was recently voted by Calgary's Avenue Magazine as the No. 2 community to live in. This four-bedroom home is situated on a large, sunny lot. The entryway leads to an open-plan living room with fireplace. The huge kitchen has plenty of storage and there's a large dining room. It's within walking distance to schools, shopping, the C-Train and several malls. Bryon Howard is a sales representative for Re/Max House of Real Estate, 403-589-0004.

$399,900

Winnipeg

This is an 1,807-sq.-ft. Cabover Family home, in the North Meadows district. Listing agent Chris Kenny says it was custom-built for its current owners in 2006 with no expense spared. The basement was finished professionally by the builder to ensure consistent quality and flow throughout. There's a gas fireplace and an oversized two-car garage. The fenced backyard has a deck and garden shed. There are four large bedrooms throughout with a sunny kitchen and living room. Kenny is a sales representative with Re/Max Professionals, 204-899-4858.

$464,900

Vancouver

This well-maintained, two-storey townhome in Burnaby features an open-concept living and dining room and has a well-appointed kitchen with granite counters, undermount sink and plenty of storage space. It's a convenient central Burnaby location, adjacent to Broadview Park and close to transit and amenities. The unit has an upstairs laundry and comes with one parking stall and a storage locker. The bedrooms are separated from each other for privacy. Listing agent is Angela Reeves with Royal LePage West R.E.S., 604-897-7033.

$489,900

Toronto

Here's a condo suite right downtown, with a one bedroom plus den layout. It's a 710-sq.-ft. floor plan with a 250-sq.-ft. terrace. The suite has unobstructed views of the lake, with floor-to-ceiling windows and a Scavolini kitchen. Included is a parking spot and locker. It's walking distance to the Distillery District and the Yonge subway. The suite includes a stainless steel appliance package and the amenities include visitor parking, concierge, and a rooftop terrace. Listing agent Alex J. Wilson is with Re/Max Condos Plus, 416-996-5181.

$459,900

Edmonton

For sale is an upgraded two-storey home in the Brintnell neighbourhood, located on a quiet crescent, with an open-concept main floor with nine-foot ceilings. The kitchen features a breakfast nook and a dining area. Upstairs, the master bedroom includes a walk-in closet and ensuite. The basement has been soundproofed and roughed-in for home theatre. The lot features professionally finished landscaping and there's an oversized, double garage with an extended driveway. Jeremy Amyotte is a sales representative with Re/Max Elite, 780-232-7170.

Sleep in style

The best in fall 2015 bedding has hit the stores. Here are a few of my favourite ensembles each teamed with two paint colours (all Benjamin Moore paint swatches). Even if you only paint the one wall behind your bed, you'll create a focal point in your bedroom and make your new bedding stand out.

DESIGN CENTRE
Karl Lohnes

Soothing bedding palettes deserve similar wall colours so take your colour cue directly from the bedding.

Barbara Barry Poetical Duvet Cover, $200, BedBathAndBeyond.ca
LEFT: Got a dark room? Choose a light reflective colour like **Silver Mink #1586**
RIGHT: Create a cosy, cocoon-like feeling with **Plymouth Brown #HC-72**

When decorating around boldly coloured bedding, find the most neutral (and easiest to live with) colours for the walls.

Chromatic Circle Duvet Cover Set, $175, Simons.ca
LEFT: Colourful bedding can be swayed towards a masculine style with **Hearthstone 1601**
RIGHT: All colours pop when put against **Raisin Torte 2083-10**

When working with solid colours, look to the fashion runways for fun accompanying colours to paint the walls.

Moncton Duvet Set, $100, EQ3.com
LEFT: Grey and citron create a rich, brassy wall colour to help wake up grey tones. **Ivy League 516**
RIGHT: Sexy, sexy, sexy — that's all I can say about **Tropical Dust 2117-40**

Only working with one colour? Then either choose the exact colour of the bedding to highlight your walls or an opposite colour to complement.

Plum & Bow Rust Medallion Duvet Cover, $89, UrbanOutfitters.com
LEFT: Rust and teal are a winning and fashionable combination. **Bella Blue 720**
RIGHT: Deep rust has returned from the 1970s and this is the one! **RedRock 2005-10**

What if dream kitchens actually came true?

BOSCH
Invented for life

Believe in inspired innovation. From the delicious perfection of Steam Convection to the revolutionary flexibility of our FlexInduction™ to the legendary quiet performance of our signature dishwashers, you can count on Bosch for everything you want in a kitchen – and so much more.

Not all models shown are available at all retailers. © 2015 BSH Home Appliances. © 2015 BSH Canada. All trademarks are property of their respective owners. 15BCAN017-24-120347-28

www.bosch-home.ca

F.W. Black Ltd.
685 Arlington Park Place
Kingston

Joice Sweanor
336 Ward St
Port Hope

Universal Appliances
1915 Bank St
Ottawa

metro SPORTS

The Mariners' 10th-inning win Tuesday ensured home teams won all 15 games on the same day for the first time in MLB

IN BRIEF

Police investigation costs Kane cover of NHL 16

EA Sports is pulling Patrick Kane from the cover of its NHL 16 video game after police confirmed last week the Chicago Blackhawks star is the subject of an investigation.

Kane was to be featured on the cover alongside teammate Jonathan Toews.

EA Sports says that "in light of the ongoing investigation involving Patrick Kane, he will no longer be a spokesperson for the launch of EA Sports NHL 16." THE CANADIAN PRESS

Nishikori off to solid start at men's Rogers Cup

Kei Nishikori has started the hardcourt tennis season on a roll.

The 25-year-old followed his tournament victory in Washington, D.C., last week with a 6-3, 6-3 win over Pablo Andujar to open the men's Rogers Cup on Wednesday afternoon.

It was the fourth seed's ATP Tour-leading 27th hardcourt win of the year.

Meanwhile, Rafael Nadal got his tournament started with a 7-6 (4), 6-3 win over Sergiy Stakhovsky. He next faces Mikhail Youzny, who upset ninth-seeded Gilles Simon 6-1, 6-4. THE CANADIAN PRESS

IOC won't do viral testing of Rio's Olympic waters

The International Olympic Committee ruled out conducting viral tests of Rio de Janeiro's sewage-laden waterways ahead of the 2016 Games, a top official said Wednesday, despite an Associated Press study showing dangerously high levels of disease-causing viruses at all aquatic venues, with experts saying athletes are almost certain to be exposed to pathogens.

Speaking at a news conference dominated by questions about Rio's sewage pollution problem, Olympic Games executive director Christophe Dubi said the IOC will be sticking to World Health Organization guidelines recommending only bacterial testing.

THE ASSOCIATED PRESS

21-year veteran, rookie anchor Blue Jays bullpen

MLB

Hawkins and Osuna at opposite ends of their careers

LaTroy Hawkins, 42, says he will retire once the season is over. MELISSA RENWICK/TORSTAR NEWS SERVICE

Roberto Osuna was taught to respect his elders, so when the Blue Jays rookie right-hander met LaTroy Hawkins in the team's clubhouse two weeks ago, he greeted him formally.

"I was like, 'It's nice to meet you, sir.'"

At 42-1/2 years old, Hawkins may be the eldest player in the majors, but he doesn't yet feel like a "sir" — and definitely not to his teammates.

Roberto Osuna TORSTAR NEWS SERVICE

"You can call me LaTroy or Hawk or L.T.," he told Osuna. "Anything but sir or mister."

Respectively the youngest and oldest pitchers in the big leagues, Osuna and Hawkins — who sit next to each other in the Jays' clubhouse — are at opposite ends of their careers. Osuna, who has assumed the Jays' closer role, is beginning what looks like a long and fruitful tenure in Toronto. Hawkins, who was acquired with Troy Tulowitzki from Colorado a few days before the trade deadline, is planning to retire after this, his 21st major-league season.

According to the Elias Sports Bureau, the Blue Jays are the first team since the save statistic was created in 1969 to have the league's oldest and youngest pitchers both save a game. And Hawkins is just the 13th pitcher in baseball history to earn a save against all 30 teams.

"We were just talking a few days ago," Osuna said. "He was like, 'Osuna, how old are you?' I'm like, '20' and he says, 'What year were you born in?' and I'm like, '1995' and he's like, 'WHAT?!! That was my first year in the big leagues!'"

Hawkins actually played against Osuna's uncle, Antonio, a reliever who pitched 11 years in the majors, mostly with the L.A. Dodgers.

Despite the generation gap, Hawkins and Osuna have already struck up something of a friendship.

"I don't look at guys by their age," Hawkins said. "Age doesn't mean anything in this game."

Osuna, who is just the fourth player in baseball history to earn a save before his 21st birthday, is 11-for-12 in save opportunities this season while posting a 2.09 ERA. He has shown the poise and confidence of a veteran, but he says he doesn't mind getting advice from somebody like Hawkins, who has been around the game much longer. "No, no, no," he said. "From guys like him, you try to learn as much as you can. Whatever he says, I listen. He's been so nice to me so I couldn't be more excited to have him on the team."

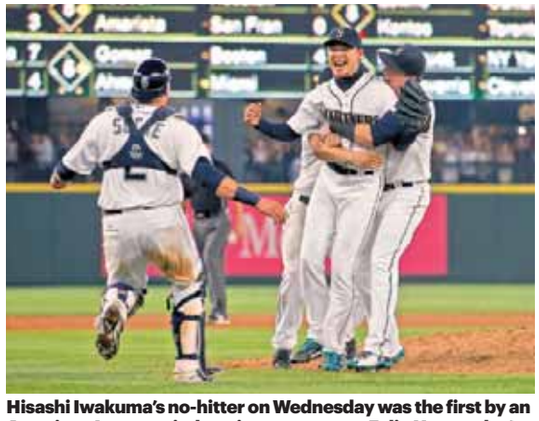
Despite enjoying one of the best seasons of his career and the Jays looking like bona fide contenders, Hawkins said he hasn't changed his mind about hanging up his cleats after this season. "Nah, I'm still holding strong to it," he said. "They say the best time to retire is when they don't want you to. When they want you to, it's already too late." TORSTAR NEWS SERVICE

YOUNG & OLD

Roberto Osuna
Birthday: Feb. 7, 1995
MLB debut: April 8, 2015
Fastball velocity: 95 m.p.h.
Career innings: 51-2/3
2015 ERA: 2.09

LaTroy Hawkins
Birthday: Dec. 21, 1972
MLB debut: April 29, 1995
Fastball velocity: 93 m.p.h.
Career innings: 1,456-2/3
2015 ERA: 2.89

Iwakuma no-hits Orioles



Hisashi Iwakuma's no-hitter on Wednesday was the first by an American League pitcher since teammate Felix Hernandez's perfect game in August 2012. OTTO GREULE JR/GETTY IMAGES

Hisashi Iwakuma became the second Japanese-born pitcher in major league history to throw a no-hitter, leading the Seattle Mariners to a 3-0 victory over the Baltimore Orioles on Wednesday.

The right-hander struck out seven and walked three in the fourth no-hitter this season and first by an American League pitcher in nearly three years. Hideo Nomo threw two big-league no-nos after starting his career in his home country of Japan.

"I was aware of it obviously, but I felt it real deep in my heart in the ninth inning," Iwakuma said through a translator. "Just focusing on one hitter at a time and I'm glad I got it done."

116

The number of pitches Iwakuma threw on Wednesday

Philadelphia's Cole Hamels — prior to his trade to Texas — Washington's Max Scherzer and San Francisco's Chris Heston all tossed no-hitters this season.

Third baseman Kyle Seager made a nifty, twisting over-the-shoulder catch in foul territory to start the ninth, but the 34-year-old Iwakuma needed little help in completing his first career complete game and the Mariners' fifth no-hitter.

Teammate Felix Hernandez's perfect game against the Tampa Bay Rays on Aug. 15, 2012, was the last time an AL pitcher did not allow a hit in a game. There have been 11 individual no-hitters and one combined no-hitter by NL pitchers since then. THE ASSOCIATED PRESS

Tess Routliffe, shown here during an earlier race, set a Parapan Am Games record Wednesday in the S7 100-metre freestyle.
DARREN CALABRESE/THE CANADIAN PRESS

Routliffe captures second gold in pool

PARAPAN 2015

Mehain adds silver, Canada's swimmers just behind Brazil's

Tess Routliffe won her second gold medal at the 2015 Parapan American Games as Canada continued its impressive showing in the pool.

The native of Caledon, Ont., swam to a gold medal in the S7 100-metre freestyle Wednesday, while teammate Sarah Mehain of Vernon, B.C., took silver.

It was Routliffe's third medal of the Games, but the 16-year-old said she's still learning how to win in the pool.

"Racing, you need to have experience," said Routliffe, a dwarf, who won in a Parapan Am Games record one minute 15.46 seconds. "The experience helps you a lot because you know what you are dealing with, how to handle stress, how to handle competitors."

Routliffe won a silver medal at last month's IPC Swimming World Championships in Glasgow, Scotland. She was fourth in four other races.

"That gave experience on how to race and how to perform," said Routliffe, who also won gold in the 50-metre freestyle in Toronto. "This is just giving me even more experience."

Canadian swimmers won 53 medals (14 gold, 23 silver, 16 bronze) — second only to Brazil's 55 — up to Routliffe's latest victory. THE CANADIAN PRESS

JUDO SILVER

Also Wednesday, Priscilla Gagne of Sarnia, Ont., took silver in the women's under-52-kilogram judo event, finishing behind Brazil's Michele Ferreira.

> **This is just giving me even more experience.**
> Swimmer Tess Routliffe

OLYMPICS

Mayor to decide on bid for 2024 Games

Toronto's mayor is one step closer to deciding whether the city will bid to host the 2024 Summer Olympics.

A spokeswoman for John Tory says the mayor met with the head of the Canadian Olympic Committee on Tuesday to discuss recent changes in the bid process and learn more about the city's two previous attempts.

She says the meeting was "part of the consultation and due diligence the mayor committed to undertake" before ruling on the possibility of a bid. Cities looking to host the 2024 Games have until Sept. 15 to formally express their interest to the International Olympic Committee.

Tory has said he wants to weigh the pros and cons carefully before making a decision, and that won't happen until after the Parapan Am Games, which wrap Saturday.

The Canadian Olympic Committee, however, is pushing for Toronto to make a pitch, saying last month's Pan Am Games proved the city can handle a major multi-sport competition.

Toronto unsuccessfully bid for the 1996 and 2008 Olympics. THE CANADIAN PRESS

PAST ATTEMPTS

Toronto unsuccessfully bid for the 1996 and 2008 Olympics Games.

PARAPAN AMS SHOT PUT ROBERTS TAKES GOLD Canada's Jason Roberts competes on his way to winning gold in men's shot put F32/33/34 at the Parapan Am Games on Wednesday in Toronto. DARREN CALABRESE/THE CANADIAN PRESS

DEAL OF THE DAY
FIND LOVE DRIVE
More than 500 vehicles to choose from!

2011 Mercedes Benz C250 4MATIC
LOADED! A REAL BEAUTY!
Stk #: 37031
52,372 km, 2.5L V6, lthr, heated seats
$21,830 or
$95 WEEKLY
CarProof VEHICLE HISTORY REPORTS
All payments calculated at 4.99% O.A.C.60 mos, Weekly payments include taxes. Image may not be of actual vehicle. Please see dealer for actual vehicle.
MEGA
Apply online at MegaCredit.ca for up to $500 cashback upon financing!
APPROVED APPROVED APPROVED
1261 boul. St-Joseph, Gatineau MEGAAUTOMOBILE.COM 819 770-2277

RECIPE Roasted Corn and Split Pea Salad with Grilled Shrimp

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 15 minutes
Cook time: 25 minutes
Serves 4
Ingredients
- 1/2 cup dry green lentils
- 2 corn cobs (husks removed)
- 8 oz large deveined and shelled shrimp
- 1 cup diced red bell pepper
- 1 cup grape tomatoes, sliced in half
- 2 small baby cucumbers, diced
- 1/3 cup diced red onions

Dressing
- 3 Tbsp lemon juice
- 2 Tbsp olive oil
- 2 Tbsp maple syrup
- 1 tsp minced garlic
- 1 tsp jalapeno (seeds can be used)
- Salt and pepper
- 1/3 cup chopped cilantro or basil

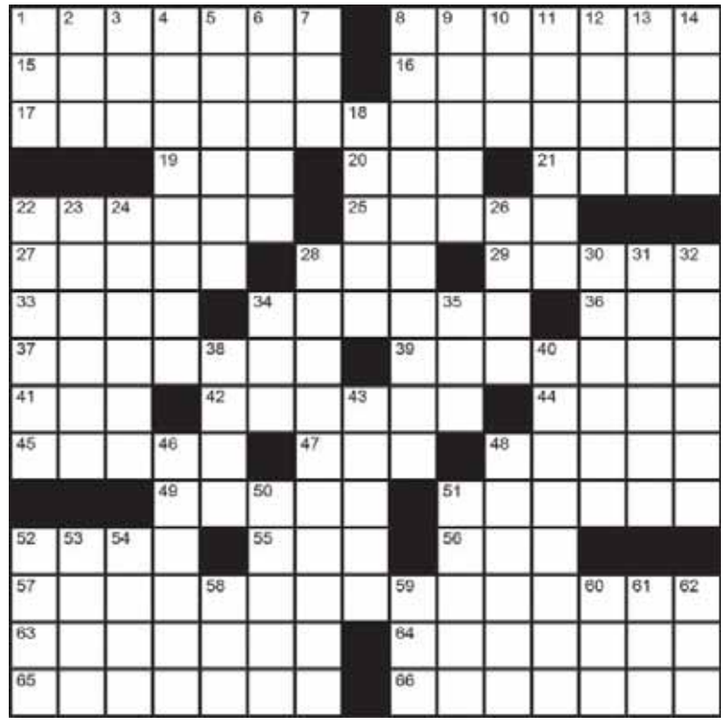
Directions
1. In a pot of boiling water, cook lentils just until tender, about 25 to 30 minutes. Do not overcook. Drain and rinse with cold water. Add to serving bowl.
2. Meanwhile, grill or sauté corn cobs for about five minutes. Cool and cut kernels off corn. Add to lentils.
3. Grill or sauté shrimp until just cooked, about five minutes. Set aside.
4. Add bell peppers, tomatoes, cucumber and onions.
5. Dressing: combine all ingredients and pour over salad. Garnish with shrimp.

Nutrition per serving
- Calories 124
- Protein 12 g
- Carbohydrates 9 g
- Total fat 5 g
- Cholesterol 86 mg
- Sodium 87 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Way to serve apple pie: 3 mots
8. In an unflappable manner
15. Piano performance
16. BC: Skeena River city
17. Annual summer music festival in Ontario, Havelock __ __
19. Minute bit
20. Band's blaster, briefly
21. 'Kind' suffix
22. Kitchen storage area
25. Fern 'seed'
27. Brings up
28. Tilling tool
29. "Vega$" star Robert
33. Great Lake
34. Supper, cute-style
36. "O Sole __"
37. Phones a radio show: 2 wds.
39. Painter (born in 1541 on the island of Crete) of the Opening of the Fifth Seal: 2 wds.
41. Driver's 4x4, commonly
42. "Snow Falling on __" (1999)
44. Mountain stat.
45. "__ firma!" (Land!)
47. Oz Auntie's namesakes
48. Soup scooper
49. Space shadow
51. Holidays, slang-style
52. "Such a shame."
55. Roman Myth: Household deity
56. Shakespearean suffix
57. Bit of "Delta Dawn" by Tanya Tucker who is on the line up for #17-Across: "...say he was a-meeting you here today / To take you to his __ __ __?"
63. Debit card service in Canada
64. Emphasize, as an important point
65. Say again
66. Most brief

DOWN
1. Curve
2. Zodiac sign
3. Prefix with 'puncture'
4. "__ Gypsy": 1973 hit for #8-Down
5. Aquatic mammals
6. Mr. __, Pride and Prejudice gent
7. Cathedral city
8. Band from Calgary set to play at #17-Across (Trivia! Their hits include the song at #4-Down and "Wild Eyes")
9. Musical pace
10. Royal symbol
11. Clothing creases ceaser
12. Concern
13. Hotshots
14. Sheltered sides
18. Mr. Bateman
22. Chopped ahead of time
23. Get the drink to fizz
24. Hammer user
26. Ladder step
28. Deterrent/progress obstruction [var. sp.]
30. Shoes collector Ms. Marcos
31. Actress Ms. Tyson
32. Horse feet
34. Flatline
35. Elles opposites
38. Con
40. Those with their arms extended trying to grasp something
43. Canada's motto: '__ Usque Ad Mare'
46. __ apple
48. Make frothy with soap
50. Belly swelling
51. Chevrolet car since 1953, cool-style
52. Mideast chieftain, variantly
53. Street for Lois?
54. Industrious insects
58. Mr. Gershwin
59. Baby bug
60. Freelancer's encl.
61. Chess pieces, e.g.
62. Nevertheless

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
This may be the most productive time of the year for you but before you take on a new project make sure you know what is involved and what you will be expected to invest in the way of time, energy and money.

Taurus April 21 - May 21
The less you reveal about your true intentions today the better. You might be tempted to brag about your plans but if you do you are likely to regret it. Keep them to yourself.

Gemini May 22 - June 21
Focus your attention on one specific thing today. It may not be easy but it must be done if you want to get an important task finished before the weekend.

Cancer June 22 - July 23
Don't be tempted to change your ways just to keep up with the latest fads and fashions. Yes, of course, the old ways are not always the best but, on this occasion they are the safest.

Leo July 24 - Aug. 23
No matter how hard you try to engage certain people in conversation today you won't succeed. Don't take it personally — they have so many things on their plate at the moment.

Virgo Aug. 24 - Sept. 23
It may seem as if you have been working hard for no good reason but don't give up on it yet because some kind of breakthrough is imminent. If you turn back now you will never know what might have been.

Libra Sept. 24 - Oct. 23
Something you have been looking forward to may have to be pushed back, but later you will realize the delay was a blessing in disguise. More preparation is needed.

Scorpio Oct. 24 - Nov. 22
It will annoy you when a friend or work colleague gets something wrong because they have not done their homework. Let them know in subtle ways that they have let themselves down.

Sagittarius Nov. 23 - Dec. 21
Some of life's lessons are easier to learn than others. Bear that thought in mind today. Any lessons you learn now will pay for themselves before the month is through.

Capricorn Dec. 22 - Jan. 20
Be cautious when doing business with people you don't know and cannot completely trust. Someone who seems honest may be trying to trick you. Don't you dare fall for it.

Aquarius Jan. 21 - Feb. 19
Your patience may be wearing thin with a certain individual but don't lose your temper. It could be that they have serious problems they are trying to hide behind a brave face.

Pisces
Feb. 20 - March 20
There is no point blaming yourself for something that went wrong — it was bound to happen. Start rebuilding. This time, make sure the foundations are strong.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

3			6		7			8
		5	4			2		
	1						7	
6							3	2
				4				
7	5							4
	9						1	
		7			3	9		
2			5		1			3

©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

THE HANDY POCKET VERSION!
Get the news as it happens

metro
Download the Metro News App today at metronews.ca/mobile

ON NOW, EARN A

FREE

$10 BONUS CARD

WHEN YOU SPEND $40 IN-STORE*

OFFER VALID UNTIL AUG 23, 2015

Chapters | !ndigo | Coles

/chaptersindigo

*Offer valid in-store only (not online or kiosk orders) on the purchase total of $40 or more of eligible products and before taxes between August 13, 2015 – August 23, 2015 or until quantities last. Offer excludes purchases of gift cards. One card per customer, per transaction. Bonus card is valid on your next eligible purchase at Indigo, Chapters, Coles retail locations and for purchases made on indigo.ca website. Bonus card redemption not valid on LEGO®, American Girl®, Kate Spade®, Halo® and Rosetta Stone® Interactive Learning Software products; gift cards and loyalty memberships. Not to be used in conjunction with any other Indigo offers or promotions. Card cannot be redeemed for cash or credit, and may only be used one time on a subsequent purchase between August 24, 2015 – September 2, 2015. The bonus cards expire on September 2, 2015, and are subject to terms and conditions on the back of the cards. If you return the purchase that qualified you for a bonus card, the card must accompany the return. See a customer service representative for more details. Offer may change or end at any time without notice. !ndigo, Chapters and Coles are trademarks of Indigo Books & Music Inc.